

# How to pray...

## the Chaplet of St. Therese



The Chaplet of St. Therese (also known as the Little Flower Rosary) consists of 24 beads that commemorate the 24 years of her life, plus one additional bead.

On the first bead, the following prayer is said:

**“St. Therese of the Infant Jesus, Patroness of the Missions, pray for us.”**

On the other 24 beads is said the *Glory Be*\* to honor the Holy Trinity in thanksgiving for having given us the life and witness of The Little Flower for 24 years.

***\*Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and will be forever, world without end. Amen.***

### **A Morning Prayer Written by St. Therese:**

O my God! I offer Thee all my actions of this day for the intentions and for the glory of the Sacred Heart of Jesus. I desire to sanctify every beat of my heart, my every thought, my simplest works, by uniting them to Its infinite merits; and I wish to make reparation for my sins by casting them into the furnace of Its Merciful Love.

O my God! I ask of Thee for myself and for those whom I hold dear, the grace to fulfill perfectly Thy Holy Will, to accept for love of Thee the joys and sorrows of this passing life, so that we may one day be united together in heaven for all Eternity.

Amen.