

How to pray...

the Chaplet of St. Anne

The Chaplet of St. Anne dates back to 1875. The author of this chaplet is unknown, but it is known to be a source of a great number of favors, both spiritual and physical. The chaplet consists of the recitation of the following prayers:



In honor of Jesus, say one Our Father and five Hail Marys. After each Hail Mary, say:

“Jesus, Mary, and St. Anne, grant the favor I ask.”

In honor of Mary, say one Our Father and five Hail Marys. After each Hail Mary, say:

“Jesus, Mary, and St. Anne, grant the favor I ask.”

In honor of St. Anne, say one Our Father and five Hail Marys. After each Hail Mary, say:

“Jesus, Mary, and St. Anne, grant the favor I ask.”

Special Prayer to St. Anne to Obtain Some Special Favor:

O glorious St. Anne, you are filled with compassion for those who invoke you and with love for those who suffer! Heavily burdened with the weight of my troubles, I cast myself at your feet and humbly beg of you to take the present intention which I recommend to you in your special care.

Please recommend it to your daughter, the Blessed Virgin Mary, and place it before the throne of Jesus, so that He may bring it to a happy issue. Continue to intercede for me until my request is granted. But above all, obtain for me the grace one day to see my God face to face, and with you and Mary and all the saints to praise and bless Him for all eternity. Amen.